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星期一至日及公眾假期
24 小時

Monday to Sunday and Public Holidays
24 hours

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 CUHK Medical Centre

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CUHKMC/H/L/LDC/INTRO/2021/11

香港中文大學醫院 分娩中心

CUHK Medical Centre Labour and Delivery Centre



香港中文大學醫院
CUHK
Medical Centre

我們的產科團隊由產科教授、醫生、資深助產士及專職醫療人員組成，以專業知識，致力為準媽媽提供由懷孕、分娩至產後的全面照顧。

我們的團隊支持自然分娩，鼓勵和推行母乳餵養，確保母嬰在整個分娩過程，獲得無微不至的關顧，為準媽媽、嬰兒及其家人提供體貼和優質的產科服務。

Our specialised obstetric team is composed of professors, obstetricians, experienced midwives and allied health members. We provide holistic care to expectant mothers from their pregnancy to labour and postpartum period.

We support natural birth and promote breastfeeding with a good quality and safe obstetric experience. We strive to provide the highest standards in obstetric and midwifery care to mothers, newborns and their families.



我們的服務 Our Services

自然分娩

Vaginal Delivery

- 獨立分娩室 Private delivery room
- 伴侶 / 家人陪產及剪臍帶 Partner and key person accompany in labour
- 非藥物類鎮痛 Drug free labour pain relief
 - 分娩池水療 Hydrotherapy in birth pool
 - 分娩球 Birth ball
 - 音樂 Music
 - 按摩 Massage
 - 經皮神經電刺激鎮痛療法 Transcutaneous electrical nerve stimulation (TENS)
- 藥物類鎮痛 Pharmacological pain relief
 - 笑氣 Entonox
 - 無痛分娩 Epidural analgesia
- 協助分娩體位 Coaching on birth position
- 盡早與嬰兒作肌膚接觸 Early Initiation of Skin-to-skin contact

剖腹分娩

Caesarean Section

- 手術前及手術後的常規觀察及護理
Pre and post-operation routine observation and nursing care
- 伴侶 / 家人在手術室陪伴及剪臍帶
Partner or key person accompanying in Operating Theatre and cutting of umbilical cord
- 盡早與嬰兒作肌膚接觸
Early Skin-to-Skin Contact
- 提供壓力襪
Provide TED stockings